

# Building Bridges Across Generations

Empowering Communities Through Intergenerational Workshops

## Training Workshops for Supporting Intergenerational Communities

This series of training workshops is designed to support the growth and development of intergenerational communities. Whether you are working with young people or looking to expand your ministries, these sessions will provide you with valuable insights and practices.

Co-delivered by the Children and Youth Team and Safeguarding, these workshops offer practical support and innovative ideas.

**To participate, please book by emailing [emma.pearce@urc.org.uk](mailto:emma.pearce@urc.org.uk).**

**All sessions will be conducted on Zoom.**

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### Growing Intergenerational Communities

Tuesday, 8th September 7:30 PM–9:00 PM

#### Topics:

- **Healthy Relationships:** Explore methods to foster and maintain healthy, respectful relationships across generations.
  - **Unconscious Bias / Roles:** Understand the impact of unconscious bias and the importance of clearly defined roles within intergenerational settings.
  - **Welcoming Environments and Who Church is For:** Learn how to create inclusive and welcoming spaces in church settings, ensuring they serve all generations effectively.
  - **Generational Theory:** Gain insights into generational theory and how it can be applied to enhance understanding and cooperation among different age groups.
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### Developing Spaces for Under 5s

Tuesday, 13th October 7:30 PM–9:00 PM

#### Topics:

- **Communication:** Discover effective communication strategies for engaging with young children and their caregivers.
  - **Safe, Spiritual Spaces:** Learn how to create safe and spiritually nurturing environments for children under five.
  - **Creative Storybooks / Activities:** Explore creative storybooks and activities that can be used to stimulate young minds.
  - **Missional Opportunities in Toddler Groups:** Identify and develop missional opportunities within toddler groups to support faith development.
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## **Supporting Faith Development in Young People**

Tuesday, 8th November 7:30 PM–9:00 PM

### **Topics:**

- **Models of Discipleship / Mentoring:** Examine different models of discipleship and mentoring to support young people's faith journeys.
  - **Youth Groups in Private Dwellings:** Discuss the benefits and challenges of hosting youth groups in private homes.
  - **Benefits of Working with Young People in Different Ways:** Consider the various methods of engaging with young people and the benefits they bring.
  - **Lone Working & Risk Assessments:** Learn about the importance of risk assessments and strategies for safe lone working practices.
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**These workshops are an excellent opportunity to enhance your skills and knowledge in fostering intergenerational relationships and faith development. Don't miss out on the chance to learn and grow in these vital areas.**